

<b>Course Name:</b> Theories of Personality		<b>Course Level:</b> Undergraduate		<b>Language:</b> English	
<b>Course Code</b>	<b>Prerequisites</b>	<b>Corequisites</b>	<b>(T + P hours)</b>	<b>ECTS Credit</b>	<b>Type</b>
PSYC3602	-	-	3+0	6	Compulsory

**Course objectives:** To learn common and distinct characteristics by getting to know the personality theories and theorists of different classical and modern schools in psychology.

**Course description:** Introduction to the historical development of personality theories with social, developmental, cognitive, affective and clinical concerns. Exploration of classic theories of personality such as psychoanalytic, behavioral, trait, humanistic, cognitive and social roles theories. Comparison of theories from a critical perspective that considers the definitions of healthy personality development in different cultures. Examination and discussion of contemporary research in personality stability, measurement, and definition.

**Evaluation system (in percentages):**

Midterm	Quiz(Pop-up)	Homework	Final	Total
%35	%10	%10	%45	100

## Reference

Hogan, R., & Smither, R. (2001). *Personality: Theories and applications*. Westview Press.

## Weekly Course Topics

Week	Topic
1.	Course Introduction
2.	What is Personality? Psychoanalytic Approach: Freudian Theory, Practice and Evaluation.
3.	Neo-Freudian Theory: A. Adler, C. Jung
4.	Neo-Freudian Theory: E. Erikson, K. Horney
5.	Neo-Freudyan Teori:H.S Sullivan, E.Fromm
6.	Behavioral Theories 1: B.F Skinner
7.	Behavioral Theories 2: Albert Bandura-Social Cognitive Theory
8.	Distinctive Trait Theory: Gordon W. Allport, H. Murray
9.	Midterm
10.	Factor Analysis and Personality Structures: R.R Cartell
11.	Biological Approach: Theory, Application and Evaluation.

	Hans Eysenck
12.	Person-Centered Approach: Carl R. Rogers Self-Improvement Theory: Abraham Maslow
13.	Personality Studies
14.	General Review and Homework Submission

### **Contribution of the Course to the Program Outcomes**

#### **Course Outcomes**

Students will gain the following knowledge and skills at the end of the course:

1. Learn the importance of scientific theories.
2. Define the basic concepts related to personality.
3. Compare theories of personality with respect to their contribution to the analysis of personality.
4. Learn the historical development of personality theories.

	<b>Program Outcomes</b>	<b>CO1</b>	<b>CO2</b>	<b>CO3</b>	<b>CO4</b>
1.	To examine and compare different concepts in subfields of psychology and to have basic application skills.	X	X	X	X

2.	To apply analytical and critical thinking skills in various fields of psychology, to be able to solve the problems related to the field with contemporary methods.				
3.	The student has the skills to interpret facts, events and data, to define and analyze problems, to develop solutions based on research and evidence by using the knowledge and skills they have acquired in the field.	X		X	
4.	Discussing and criticizing professional and ethical issues in program design and professional practice.				
5.	To explain the procedures and rules in psychological measurement and interview techniques, and to develop the ability to apply them at a basic level.				
6.	Adopting the rules of the positivist method and designing scientific research, collecting data, analyzing data and scientifically reporting the results.				
7.	To gain the basic principles of scientific thinking, to be able to separate and / or integrate the knowledge gained by other disciplines with a critical point of view.				
8.	To develop the competence for using the necessary information and communication technologies used to reach and spread information.				

9.	To use oral and written communication skills effectively both in Turkish and at least one foreign language.				
10.	Working effectively in individual and multidisciplinary research teams.				
11.	To develop respect for interpersonal and cultural diversity and to have social responsibility.			X	
12.	To be aware of psychological resilience, personal and professional development.		X	X	

Course Evaluation and ECTS Workload			
Types of Work	Number		
	ECTS Workload		
		Time	
Attendance	14	3	42
Final exam	1	30	30
Quizzes	1	8	8
Semester project	0	0	0
Assignments	0	0	0
Final project	0	0	0
Seminar	0	0	0
Duties	0	0	0
Presentation	0	0	0
Midterm	2	14	28
Project	0	0	0
Lab	0	0	0
Private lesson time	0	0	0
Other (Personal study)	14	3	42
		Total workload	150
		Total	6

		workload/25	
		ECTS Credit	6

**Teaching Methods and Techniques:** Lecture, Discussion, Homework

**Prepared By:**

**Date:**