

<b>Course Name:</b> Studies in Clinical Psychology		<b>Course Level:</b> Undergraduate		<b>Language:</b> English	
<b>Course Code</b>	<b>Prerequisites</b>	<b>Corequisites</b>	<b>(T + P hours)</b>	<b>ECTS Credit</b>	<b>Type</b>
PSYC4606	PSYC2601	None	3+0	5	Elective

**Course objectives:** Teaching the theoretical background of psychotherapy techniques and the use of these techniques in the session room.

**Course description:** Observation and discussion of certain cases in clinical settings along with clinical, health and forensic psychology. Review of recently published research, design, implementation, and evaluation of a clinical research project. Comparison of grounded theory, interpretative phenomenological analysis, text interpretation, thematic coding. Use of preconceived categories in the analysis with a focus on the individual case without reference to a comparison group.

**Evaluation system (in percentages):**

Midterm	Role-play	Final	Total
%35	%25	%40	100

**Reference**

Norcross, J. C., VandenBos, G. R., & Freedheim, D. K. (2011). History of psychotherapy: Continuity and change. American Psychological Association.

**Weekly Course Topics**

Week	Topic
1.	Introduction to Psychotherapy and Therapy Techniques
2.	Psychoanalysis
3.	Psychoanalysis
4.	Neoanalytic Approach
5.	Neoanalytic Approach
6.	Existential Therapy
7.	Existential Therapy
8.	Gestalt Therapy
9.	Gestalt Therapy
10.	Cognitive Therapy and Behavioral Therapy

11.	Cognitive Therapy and Behavioral Therapy
12.	Cognitive Therapy and Behavioral Therapy
13.	Schema Therapy
14.	Discussion

## Contribution of the Course to the Program Outcomes

### Course Outcomes

Students will gain the following knowledge and skills at the end of the course:

1. Using of basic information about depressive and anxiety disorders
2. Examine the brief overview on psychotic, bipolar and related disorders in order to be able to formulate differential diagnosis
3. Discussion of central features and principles of cognitive-behavior theory and of evidence-based mode of practice more generally
4. Explain the basics of case formulation in cognitive-behavioral therapy
5. Discuss the methods for assessing and conceptualizing patients using this approach

	Program Outcomes	CO1	CO2	CO3	CO4	CO5
1.	To examine and compare different concepts in subfields of psychology and to have basic application skills.	X		X	X	X
2.	To apply analytical and critical thinking skills in various fields of psychology, to be able to solve the problems related to the field with contemporary methods.		X	X		X
3.	The student has the skills to interpret facts, events and data, to define and analyze problems, to develop solutions based on research and evidence by using the knowledge and skills they have acquired in the field.					
4.	Discussing and criticizing professional and ethical issues in program design and professional practice.					
5.	To explain the procedures and rules in psychological measurement and interview techniques, and to develop the ability to apply them at a basic level.			X	X	X
6.	Adopting the rules of the positivist method and designing scientific research, collecting data, analyzing data and scientifically reporting the results.					
7.	To gain the basic principles of scientific thinking, to be able to separate and / or integrate the knowledge gained by other disciplines with a critical point of view.					
8.	To develop the competence for using the necessary information and communication technologies used to reach and spread information.					
9.	To use oral and written communication skills effectively both in Turkish and at least one foreign language.					
10.	Working effectively in individual and multidisciplinary research teams.					
11.	To develop respect for interpersonal and cultural diversity and to have social responsibility.					
12.	To be aware of psychological resilience, personal and professional development.					X

Course Evaluation and ECTS Workload			
Types of Work	Number	ECTS Workload	
		Time	
Attendance	14	3	42
Final exam	0	0	0
Quizzes	0	0	0
Semester project	0	0	0
Assignments	0	0	0
Final project	0	0	0
Seminar	0	0	0
Duties	0	0	0
Presentation	1	24	24
Midterm	0	0	0
Project	0	0	0
Lab	0	0	0
Private lesson time	0	0	0
Other (Personal study)	14	5	70
		Total workload	136
		Total workload/25	5.44
		ECTS Credit	5

**Teaching Methods and Techniques:** Lecture, Discussion, Role-play

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**Date:** 05.09.2020