

Course Name: Intra-Family Relations and Therapy Techniques		Course Level: Undergraduate		Language: English	
Course Code	Prerequisites	Corequisites	(T + P hours)	ECTS Credit	Type
PSYC4607	PSYC2601	None	3+0	5	Elective

Course objectives: Review of research and theories on family relations and related therapies.

Course description: Examination of historical development of family therapies: the cultural landscape, key people, places, and events. Discuss how family therapists aim to aid people in improving communication, solving family problems, understanding and handling family situations, and creating a better functioning home environment. Identify emotions, evaluation research, therapy process research, family theory.

Evaluation system (in percentages):

Homeworks	Presentation	Quiz	Attendance	Project	Total
%20	%20	%20	%10	%30	100

Reference

Goldenberg, H. & Goldenberg, I. (2007) Family Therapy: An Overview Brooks Cole; 7 edition

Weekly Course Topics

Week	Topic
1.	Systemic family therapy experiences
2.	Family therapy history
3.	From the mid 1950s to the 1970s
4.	From mid 1950s to 1970s
5.	Mid 1970s to 1980s
6.	From the mid 1970s to the 1980s
7.	From the mid-1980s to today
8.	From the mid-1980s to today
9.	Midterm
10.	Ideas, emotions, attachments, systems
11.	Ideas, emotions, attachments, systems

12.	Research and evaluation
13.	Combining approaches
14.	Review topics

Contribution of the Course to the Program Outcomes

Course Outcomes

Students will gain the following knowledge and skills at the end of the course:

1. Define the main concepts in intra-family communication, pathology and therapy,
2. Describe the relevant theories and studies related to family pathology,
3. Examine the historical development of family therapies.
4. Prepare a review paper on relevant literature.

	Program Outcomes	CO1	CO2	CO3	CO4
1.	To examine and compare different concepts in subfields of psychology and to have basic application skills.	X	X	X	
2.	To apply analytical and critical thinking skills in various fields of psychology, to be able to solve the problems related to the field with contemporary methods.		X		X
3.	The student has the skills to interpret facts, events and data, to define and analyze problems, to develop solutions based on research and evidence by using the knowledge and skills they have acquired in the field.				
4.	Discussing and criticizing professional and ethical issues in program design and professional practice.				
5.	To explain the procedures and rules in psychological measurement and interview techniques, and to develop the ability to apply them at a basic level.				
6.	Adopting the rules of the positivist method and designing scientific research, collecting data, analyzing data and scientifically reporting the results.				
7.	To gain the basic principles of scientific thinking, to be able to separate and / or integrate the knowledge gained by other disciplines with a critical point of view.				
8.	To develop the competence for using the necessary information and communication technologies used to reach and spread information.				
9.	To use oral and written communication skills effectively both in Turkish and at least one foreign language.				
10.	Working effectively in individual and multidisciplinary research teams.				
11.	To develop respect for interpersonal and cultural diversity and to have social responsibility.				
12.	To be aware of psychological resilience, personal and professional development.				

Course Evaluation and ECTS Workload			
Types of Work	Number	ECTS Workload	
		Time	
Attendance	14	3	42
Final exam	1	20	20
Quizzes	0	0	0
Semester project	0	0	0
Assignments	0	0	0
Final project	0	0	0
Seminar	0	0	0
Duties	2	15	30
Presentation	1	15	15
Midterm	1	10	10
Project	0	0	0
Lab	0	0	0
Private lesson time	0	0	0
Other (Personal study)	14	1	14
		Total workload	131
		Total workload/25	5.24
		ECTS Credit	5

Teaching Methods and Techniques: Lecture, Discussion, Project

Prepared By:

Date: 05.09.2020