

Course Name: Psychological Dependence		Course Level: Undergraduate		Language: English	
Course Code	Prerequisites	Corequisites	(T + P hours)	ECTS Credit	Type
PSYC4612	None	None	3+0	5	Elective

Course objectives: It aims to examine the behavioral, social and biological bases of various types of psychological addictions.

Course description: Investigation of various types of psychological dependency and its behavioral, social and biological bases. Definition of changes in brain chemicals, emotional states, motivations, irritability, anxiety that occur after using a substance and also when withdrawing from the substance or activity of dependence. Discussion on psychological and theoretical models explaining causes and continuation of dependency, and interventions of support and treatment.

Evaluation system (in percentages):

Midterm	Final	Total
%40	%60	100

Reference

Davis, P., Patton, R., & Jackson, S. (Eds.). (2017). *Addiction: Psychology and treatment*. John Wiley & Sons.

Weekly Course Topics

Week	Topic
1.	Introduction - Introduction to the course
2.	What is an addiction? What is psychological addiction?
3.	Substance addiction and substance use problems
4.	Legal and illegal substances
5.	Disorders caused by substance use
6.	Physical and psychological effects of substance use
7.	Midterm
8.	Alcohol addiction and alcohol withdrawal

9.	Hallucinogens and their effects
10.	Narcotics and their effects
11.	Stimulants and their effects
12.	Rehabilitation in addiction
13.	Psychotherapy in addiction
14.	An overview

Contribution of the Course to the Program Outcomes

Course Outcomes

Students will gain the following knowledge and skills at the end of the course:

1. Explain the types of psychological dependence and its behavioral, social and biological basis.
2. Identify the stages, characteristics, and process of addiction and the development of characteristics of personality related to addiction.
3. Describe the different approaches used in the treatment of addiction.
4. Describe the legal and ethical standards used in addiction treatments.

	Program Outcomes	CO1	CO2	CO3	CO4
1.	To examine and compare different concepts in subfields of psychology and to have basic application skills.				
2.	To apply analytical and critical thinking skills in various fields of psychology, to be able to solve the problems related to the field with contemporary methods.	X	X	X	X
3.	The student has the skills to interpret facts, events and data, to define and analyze problems, to develop solutions based on research and evidence by using the knowledge and skills they have acquired in the field.				
4.	Discussing and criticizing professional and ethical issues in program design and professional practice.				
5.	To explain the procedures and rules in psychological measurement and interview techniques, and to develop the ability to apply them at a basic level.			X	X
6.	Adopting the rules of the positivist method and designing scientific research, collecting data, analyzing data and scientifically reporting the results.				
7.	To gain the basic principles of scientific thinking, to be able to separate and / or integrate the knowledge gained by other disciplines with a critical point of view.				
8.	To develop the competence for using the necessary information and communication technologies used to reach and spread information.				
9.	To use oral and written communication skills effectively both in Turkish and at least one foreign language.				
10.	Working effectively in individual and multidisciplinary research teams.				
11.	To develop respect for interpersonal and cultural diversity and to have social responsibility.				

12.	To be aware of psychological resilience, personal and professional development.				
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Course Evaluation and ECTS Workload			
Types of Work	Number	ECTS Workload	
		Time	
Attendance	14	3	42
Final exam	1	24	24
Quizzes	0	0	0
Semester project	0	0	0
Assignments	0	0	0
Final project	0	0	0
Seminar	0	0	0
Duties	0	0	0
Presentation	1	15	15
Midterm	1	24	24
Project	0	0	0
Lab	0	0	0
Private lesson time	0	0	0
Other (Personal study)	14	2	28
		Total workload	133
		Total workload/25	5.32
		ECTS Credit	5

Teaching Methods and Techniques: Lecture, Discussion

Prepared By:

Date: 05.09.2020