Course Name: Introduction to Group Therapy Techniques		Course Level: Undergraduate		Language: English	
Course Code	**Prerequisites**	**Corequisites**	**(T + P hours)**	**ECTS Credit**	**Type**
PSYC4802	PSYC2601	None	3+0	5	Elective

Course objectives: This course focuses on an introduction to group therapy techniques, group building, group dynamics and understanding the underlying dynamics of group therapy.

Course description: Introduction to group therapy techniques; group development; group dynamics; theories in relation to group guidance; leadership styles, techniques, and roles; ethical issues related to group interventions.

Evaluation system (in percentages):

Participation	Short report	Final	Total
%40	%30	%30	100

Reference

Kaklauskas, F. J., & Greene, L. R. (Eds.). (2019). *Core Principles of Group Psychotherapy: An Integrated Theory, Research, and Practice Training Manual*. Routledge.

Weekly Course Topics

Week	Topic
1.	Meeting, description of group therapy, consent
2.	Group therapy 1st session
3.	Group therapy 2nd session
4.	Group therapy 3rd session
5.	Group therapy 4th session
6.	Group therapy 5th session
7.	Group therapy 6th session
8.	7th session of group therapy
9.	8th session of group therapy
10.	Types of groups, leadership characteristics, ethics in group counseling

11.	Creating a group, determining a client
12.	The beginning, prognosis and closing stages of the group
13.	Different approaches in group therapy (gestalt, psychodrama etc.)
14.	Intervention when working with special needs groups

Contribution of the Course to the Program Outcomes

Course Outcomes

Students will gain the following knowledge and skills at the end of the course:
1. Learns how to spend time on pre-group preparation
2. Becomes aware of the importance of encouraging member-to-member interaction,
3. Observes how the appropriate behavior is modeled in the group

	Program Outcomes	CO1	CO2	CO3
1.	To examine and compare different concepts in subfields of psychology and to have basic application skills.		X	X
2.	To apply analytical and critical thinking skills in various fields of psychology, to be able to solve the problems related to the field with contemporary methods.	X		
3.	The student has the skills to interpret facts, events and data, to define and analyze problems, to develop solutions based on research and evidence by using the knowledge and skills they have acquired in the field.			
4.	Discussing and criticizing professional and ethical issues in program design and professional practice.			
5.	To explain the procedures and rules in psychological measurement and interview techniques, and to develop the ability to apply them at a basic level.	X	X	
6.	Adopting the rules of the positivist method and designing scientific research, collecting data, analyzing data and scientifically reporting the results.			
7.	To gain the basic principles of scientific thinking, to be able to separate and / or integrate the knowledge gained by other disciplines with a critical point of view.			
8.	To develop the competence for using the necessary information and communication technologies used to reach and spread information.			
9.	To use oral and written communication skills effectively both in Turkish and at least one foreign language.			
10.	Working effectively in individual and multidisciplinary research teams.			
11.	To develop respect for interpersonal and cultural diversity and to have social responsibility.			
12.	To be aware of psychological resilience, personal and professional development.			

Course Evaluation and ECTS Workload			
Types of Work	Number	ECTS Workload	
		Time	
Attendance	14	3	42
Final exam	1	24	24
Quizzes	0	0	0
Semester project	0	0	0
Assignments	0	0	0
Final project	0	0	0
Seminar	0	0	0
Duties	0	0	0
Presentation	1	15	15
Midterm	1	24	24
Project	0	0	0
Lab	0	0	0
Private lesson time	0	0	0
Other (Personal study)	14	2	28
		Total workload	133
		Total workload/25	5.32
		ECTS Credit	5

Teaching Methods and Techniques: Theoretical lecture, Discussion, Application
Prepared By: Sera Mizrahi İpeker   **Date:** 05.09.2020