| Course Name: Introduction to Music Psychotherapy | | Course Level: Undergraduate | | | Language: English | | |
|--|---------------|-----------------------------|------------------|----------------|-------------------|----------|--|
| Course Code | Prerequisites | Corequisites | (T + P hours) | ECTS Credit | | Туре | |
| PSYC 4803 | - | - | 3+0 | 5 | | Elective | |

Course description: Evidence-based music therapy and its use in today's health system, history of music medicine and music therapy, areas where music therapy is used, differentiation of music therapy from other ways of the therapeutic use of music and its theoretical base, case examples, videos and workshops.

Evaluation system:

| Midterm | Final | Total |
|---------|-------|-------|
| %40 | %60 | 100 |

Refereance:

Bruscia K. (2014) Defining Music Therapy. 3rd Edition. University Park, IL: Barcelona Publishers

Weekly Course Topics

| Week | Topic |
|------|--|
| 1. | Music Therapy: Historical Perspectives |
| 2. | Music Therapy Defined |
| 3. | Education and Training Requirements |
| 4. | Types of Music Experiences |
| 5. | Types of Music Experiences |
| 6. | Therapeutic Process |
| 7. | Midterm |
| 8. | Approaches to Music Therapy |
| 9. | Approaches to Music Therapy |
| 10. | Treatment Planning |
| 11. | Treatment Planning |
| 12. | Research in Music Therapy |

| 13. | Case studies |
|-----|---------------------|
| 14. | Professional Topics |

Contribution of the Course to the Program Outcomes

Course Outcomes

Students will gain the following knowledge and skills at the end of the course:

- 1. Define what music therapy is and what it is not.
- 2. Differentiate similarities and the differences in music therapy interventions and music medicine interventions.
- 3. Explain the historical development of music used in health.
- 4. Differentiate music therapy models, methods and interventions.
- 5. List basic national and international resources and organizations regarding music therapy.

| | Program Outcomes | CO1 | CO2 | CO3 | CO4 | CO5 |
|----|--|-----|-----|-----|-----|-----|
| 1. | To examine and compare different concepts in subfields of psychology and to have basic application skills. | Х | | X | | Х |
| 2. | To apply analytical and critical thinking skills in various fields of psychology, to be able to solve the problems related to the field with contemporary methods. | | X | | | |
| 3. | The student has the skills to interpret facts, events and data, to define and analyze problems, to develop solutions based on research and evidence by using the knowledge and skills they have acquired in the field. | | | | | |

| 4. | Discussing and criticizing professional and ethical issues in program design and professional practice. | | | | |
|-----|---|---|---|---|--|
| 5. | To explain the procedures and rules in psychological measurement and interview techniques, and to develop the ability to apply them at a basic level. | | | х | |
| 6. | Adopting the rules of the positivist method and designing scientific research, collecting data, analyzing data and scientifically reporting the results. | | | | |
| 7. | To gain the basic principles of scientific thinking, to be able to separate and / or integrate the knowledge gained by other disciplines with a critical point of view. | х | х | | |
| 8. | To develop the competence for using the necessary information and communication technologies used to reach and spread information. | | | | |
| 9. | To use oral and written communication skills effectively both in Turkish and at least one foreign language. | | | | |
| 10. | Working effectively in individual and multidisciplinary research teams. | | | | |
| 11. | To develop respect for interpersonal and cultural diversity and to have social responsibility. | | | | |

| 12. | To be aware of psychological resilience, personal and professional development. | | | |
|-----|---|--|--|--|
| | • | | | |

| and ECTS W | orkload | |
|------------------|---|-------------------------|
| Number | | |
| ECTS Workload | | |
| | Time | |
| 14 | 3 | 42 |
| 0 | 0 | 0 |
| 0 | 0 | 0 |
| 0 | 0 | 0 |
| 0 | 0 | 0 |
| 0 | 0 | 0 |
| 0 | 0 | 0 |
| 0 | 0 | 0 |
| 1 | 15 | 15 |
| 1 | 24 | 24 |
| 0 | 0 | 0 |
| 0 | 0 | 0 |
| 0 | 0 | 0 |
| 14 | 2 | 28 |
| | Total | 133 |
| | | 7.22 |
| | | 5,32 |
| | | |
| | | 5 |
| | Number ECTS Workload 14 0 0 0 0 0 1 1 1 0 0 0 | ECTS Workload Time 14 |

| Teaching Metho | ds and Techniq | ues: |
|----------------|----------------|------|
|----------------|----------------|------|

| Date: |
|-------|
| |