

Course Name: Introduction to Psycho-oncology	Course Level: Undergraduate			Language: English		
Course Code	Prerequisites	Corequisites	(T + P hours)	ECTS Credit	Type	
PSYC4804	-	-	3+0	5	Selective	

Course objectives: Introduction to the field of psycho-oncology

Course description: Introduction to the field of psycho-oncology, reactions of cancer patients, approaches to explaining cancer diagnosis, reactions of patients and families to cancer diagnosis, psychological disorders in cancer patients, psychological support to caregivers, ethical problems and risks in cancer treatment, clinical evaluation and crisis intervention, effective psychotherapy techniques for cancer patients.

Evaluation system (in percentages):

Midterm	In-class activities	Participation	Final	Total
%25	%40	%10	%25	100

References

Psycho-Oncology, Third Edition Edited by Jimmie C. Holland, William S. Breitbart, Paul B. Jacobsen, Matthew J. Loscalzo, Ruth McCorkle, and Phyllis N. Butow. Oxford University Press

Weekly Course Topics

Week	Topic
1.	Introduction to oncology - Understanding cancer and its process - Treatment Methods, possible side effects, psychological effects

2.	Cancer development, risk and process factors - Health psychology - Introduction to psychooncology
3.	Methods of saying that you have cancer and the reactions given
4.	Psychiatric disorders in people with cancer and effective approaches
5.	Psychiatric disorders in people with cancer and effective approaches
6.	Oncology treatment side effects and psychiatric symptoms similarities, differences, differentiation -Emergency situations
7.	Ethical rules and legal situations in psychooncology
8.	Clinical evaluation - Case formulation - Gaining necessary scale and inventory usage skills
9.	Developing effective psychotherapy methods, techniques and treatment plan in psychooncology through cases
10.	Midterm
11.	Fear of cancer recurrence, ways to cope
12.	Cancer in the terminal stage
13.	Grief, prolonged grief syndrome and effective approaches
14.	Grief, prolonged grief syndrome and effective approaches

Contribution of the Course to the Program Outcomes

Course Outcomes

Students will gain the following knowledge and skills at the end of the course:

1. Definition of psycho-oncology.
2. Learns the rationale for developing a model of care.
3. Detects the Psychosocial Distress.
4. Identifies the importance of lack of awareness of available resources.

Becomes aware of the importance of lack of continuity and communication across care settings.

	Program Outcomes	CO1	CO2	CO3	CO4	CO5
1.	To examine and compare different concepts in subfields of psychology and to have basic application skills.	X		X	X	X

2.	To apply analytical and critical thinking skills in various fields of psychology, to be able to solve the problems related to the field with contemporary methods.		X			X
3.	The student has the skills to interpret facts, events and data, to define and analyze problems, to develop solutions based on research and evidence by using the knowledge and skills they have acquired in the field.					
4.	Discussing and criticizing professional and ethical issues in program design and professional practice.					
5.	To explain the procedures and rules in psychological measurement and interview techniques, and to develop the ability to apply them at a basic level.					
6.	Adopting the rules of the positivist method and designing scientific research, collecting data, analyzing data and scientifically reporting the results.					
7.	To gain the basic principles of scientific thinking, to be able to separate and / or integrate the knowledge gained by other disciplines with a critical point of view.					
8.	To develop the competence for using the necessary information and communication technologies used to reach and spread information.					
9.	To use oral and written communication skills effectively both in Turkish and at least one foreign language.					
10.	Working effectively in individual and multidisciplinary research teams.					
11.	To develop respect for interpersonal and cultural diversity and to have social responsibility.					

12.	To be aware of psychological resilience, personal and professional development.				X	X
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Course Evaluation and ECTS Workload			
Types of Work	Number	ECTS Work Load	
		Time	Work Load
Attendance	14	3	42
Final exam	1	24	24
Quizzes	0	0	0
Semester project	0	0	0
Assignments	0	0	0
Final project	0	0	0
Seminar	0	0	0
Duties	0	0	0
Presentation	1	15	15
Midterm	1	24	24
Project	0	0	0
Lab	0	0	0
Private lesson time	0	0	0
Other (Personal study)	14	2	28
		Total workload	133
		Total workload/25	5.32
		ECTS Credit	5

Teaching Methods and Techniques: Lecture, Discussion, Role-play

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